

...a3crg Circuit Time Trial League 2024

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Glorious Goodwood Time Trail League ~ Course P917/10

Wednesday 24th July ~ from 18:45hrs ~ 10-mile TT's

@ Goodwood Motor Racing Circuit ~ **Chichester PO18 0PH**

EVENT 5 ~ THE FINAL COUNTDOWN

Timekeeping Crew: Trevor Beauchamp, Maria Golden, Peter Delve, Martin Whitty, Sarah Matthews,

Start Line & Crew: Gareth Peters (Speaker) Peter Pickers, David Shepherd,

Motorcycle Marshals: Colin Enticknap, Chris Matthews

Signing-On & Reception: Caitlin Peters & Kathleen Collard-Berry

Photography by: Sheena Booker

There are “**Provisional Results**” available on-line during the event via: <https://resultsheet.co.uk>

Gates will open (for us) at 17:30 ~ Please don't arrive early as another event maybe taking place. We will be Starting the “Events” 18:45 & Warming Up at 18:15.

There will be time between 18:15 & 18:40 to warm up on the track (no riders going to warm -up on the track after 18:35). No unauthorised riders on the track. If you are “coaching a rider”, please register at Reception (Jackie Stewart Suite) & wear Yellow Hi-Viz.

Legal Bit: IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also compulsory that **WORKING FRONT & REAR LIGHTS**, either flashing or constant, are fitted to the machine in a position visible to following track users and are active while the machine is in use at all times.

Event Manager (for Contact Details & Donations): David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere GU27 3EN ~ **mobile** : 07770 885428 ~ email dcb@a3crg.co.uk

CTT Regs, even though it is a circuit you are still required to have working front & rear lights fixed to your bike & switched on during your event, spares are available at Signing-On at the “Jackie Stewart Suite”.

Procedure for the Event:

- ✓ *If you are not feeling well or you have left your wallet at home, please do not attend.*
- ✓ *If you have road race pockets for your number, please use the left-hand pocket to aid the finish timekeepers.*
- ✓ *Do not walk across the airfield, it is an active aerodrome, it could get rather messy.*
- ✓ *Look where you are going even during warming-up, keep your head up,*
- ✓ *If caught, ease back; do not take pace on the wheel of the rider who caught you.*
- ✓ *If passing a rider, please make sure the effort is enough to pass completely.*
- ✓ ***Last Lap**, stay on the Left inside the black Cones on the Finish Section, and please shout your number out as you finish.*

Course Length 10 miles (4 & bit Laps) except for Event 2 (3 & bit laps - 7.6 miles)

The Start is at Pit Number 15. After leaving the Pit Lane proceed with care onto the circuit keeping to the right hand side, bear right following the circuit. After passing a “Radio Mast” on your right hand side you will pass the finishing area, you are now starting your first full lap. Keep going right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left & you are now on the “Pit Straight” (Circuit), make sure you are in the middle of the circuit.

After bearing right, you are approaching the finish area, you have completed your first lap. You are now starting your second lap, after completing your second lap at this point, you will of course be starting your third lap.

After completing your third lap you are starting your fourth & final full lap. When you come onto the (Circuit) “Pit Straight” this fourth time bear in mind you need to keep to the left, so that you are in-line to go through the coned finish lane **to finish** (10 miles). **ON THE LAST LAP DO NOT CUT ACROSS THE CIRCUIT AT THE END OF THE STRAIGHT AT THE FIRST BEND (INSIDE TO OUTSIDE).** Please shout your number, it helps to keep the timekeepers awake.

All Ten Mile times set during this Open Event (unlike club event times) are “Official” & can be used for updating any PB’s, used for qualifying for National Championships, Veteran Standards, Age Group Records & the “**NEW**” **BBAR conditions for both Men & Women.**

If you do not finish, please let us know, do not wander off home in a sulk & please put your number in the bin provided at reception & sign out.

Road Bike Behaviour: No “Puppy Paws” & if you need two bottles make sure they are full of liquid as empty bottles are a hazard & can drop out causing a bit of danger on the circuit.

For the “League Events” Bonus Points can be earned by beating your Goodwood Season “PB”, this is shown as “T2B” (Time to Beat)

The League will be split up between Road Bikes & TT Bikes Women & “Open” (similar to last year). League Bonus Points are awarded for Seasons PB’s & for Age Group (virtual Podiums).

This is a 30 second Start Time Event, check your start time, late starts may not be an option.

Event 1: “Any Bike”, Youth 12 yrs. - 15yrs ~ 4 & bit Laps = 10-miles

Event Records (Male) Oliver Gill 00:21:05 ~ (Femme) Skye Martingale 00:24:52

Num	Rider	Squadra/Team/Club	Mach	Group	T2B	Départ
4	Kai Lendrum	Chichester Triathlon Club	RB	Youth-15		18:47:00
5	Charlie Mealing	Chichester Triathlon Club	RB	Youth-15	00:30:07	18:47:30
6	Freddie Gay	Chichester Triathlon Club	RB	Youth-13	00:29:18	18:48:00
7	Maddox Matthews	Solent Pirates Youth CC	RB	Youth-11		18:48:30
8	Joe Stewart	Chichester Triathlon Club	RB	Youth-13	00:30:54	18:49:00
9	Rosie Wingate	Liv CC Halo Films	TT	Femme-14	00:28:12	18:49:30
10	Harry Cruttenden	Chichester Triathlon Club	RB	Youth-14	00:28:56	18:50:00
11	Katie Lawson	Secret Training CC	TT	Femme-14		18:50:30
12	Ben Stewart	Chichester Triathlon Club	RB	Youth-14	00:27:25	18:51:00
13	Skye Martingale	Type One Style	TT	Femme-15	00:24:52	18:51:30
14	Jack Barden-Beatty	Lee Valley Youth CC	TT	Youth-14	00:23:20	18:52:00
15	Alexander Stuart	GS Mossa	RB	Youth-15	00:26:04	18:52:30
16	Alexander Goodwill	Preston Park Youth CC	TT	Youth-14	00:22:57	18:53:00

Event 2: ~ Youths Road Bikes 8yrs - 13yrs ~ 3 & bit Laps = 7.60 miles

Event Records: Lucas Lovell 00:20:31 ~ Amy Clark 00:26:14

Num	Rider	Squadra/Team/Club	Mach	Group	T2B	Départ
17	Henry Meigh	Portsmouth North End CC	RB	Youth-10	00:29:51	18:53:30
18	Isabella Lendrum	Chichester Triathlon Club	RB	Femme-13		18:54:00
19	Thomas Meigh	Portsmouth North End CC	RB	Youth-12	00:26:13	18:54:30
20	Jack Patten	Southdown Velo	RB	Youth-12	00:20:50	18:55:00

Event 3: Para Event, 4 & bit Laps = 10-miles

Num	Rider	Squadra/Team/Club	Mach	Group	T2B	Départ
51	Claire Danson	...a3crg	HC	F H3-35	00:30:44	19:10:30
52	Felix Barrow	Sotonia CC	Trik	T2-19	00:28:24	19:11:00

Event 4: Tandems, 4 & bit Laps = 10-miles

Tandem Course & Event Record: Simon Hall & Ian Neville, 00:24:37

Num	Rider	Squadra/Team/Club	Machine	Group	Départ
114	Rachael Elliott	Newbury Velo	TT - Tandem	F45-49	19:42:00
114	Ian Greenstreet	Newbury Velo	TT - Tandem	60-64	19:42:00

Event 5: Scratch & Itch Event, 4 & bit Laps = 10-miles

Open Road Bike Record: Cris Coxon 00:20:30 ~ Femmes Road Bike Record: Emily Proud 00:23:50

Femmes Course & Event Record, Isabel Sharp 00:20:58

Course & Event Record: Sam Clark 00:18:48 ~ Junior Event Record: Jamie Whitcher, 00:19:21

Num	Rider	Squadra/Team/Club	Mach	Group	T2B	Départ
2	Neil Langley	Hampshire Road Club	TT	45-49	00:23:23	18:46:00
3	Cris Coxon	Brighton Mitre CC	RB	45-49	00:20:47	18:46:30
21	Karl Corpez	Charlotteville Cycling Club	RB	55-59	00:28:59	18:55:30
22	Nick Hill	Chichester City Riders	RB	45-49		18:56:00
23	Vernon Schutte	Farnborough & Camberley CC	RB	70-74	00:29:15	18:56:30
24	Glyn Durrant	Surrey Cycle Racing League	RB	60-64		18:57:00
25	Richard Miles	Inspire-Chichester	RB	65-69	00:25:48	18:57:30
26	Mike Marchant	Southdown Velo	RB	65-69		18:58:00
27	Alan Kirby	Farnham RC	TT	65-69	00:27:07	18:58:30
28	Martin Balk	3C Cycle Club	TT	60-64	00:29:48	18:59:00
29	Graham White	Fareham Wheelers CC	TT	65-69	00:28:47	18:59:30
30	Robert Watson	Hampshire Road Club	TT	60-64	00:25:25	19:00:00
31	Simon Craig-McFeely	...a3crg	TT	65-69	00:24:31	19:00:30
32	Steve Dines	Wight Tri	TT	65-69	00:27:25	19:01:00
33	Keith Jarrett	GS Vecchi	TT	60-64	00:27:57	19:01:30
34	Jerry Bromyard	...a3crg	TT	70-74	00:25:00	19:02:00
35	John Mottershead	Portsmouth North End CC	TT	55-59	00:25:55	19:02:30
36	Mike Boyce	...a3crg	TT	65-69	00:25:23	19:03:00
37	Richard Keevil	GS Stella	TT	55-59	00:24:24	19:03:30
38	Phil McNamara	Full Gas Racing Team	RB	55-59	00:26:10	19:04:00
39	Nolan Rogers	Chichester City Riders	RB	50-54	00:25:35	19:04:30
40	Stuart Willis	Farnham RC	RB	60-64		19:05:00

41	David Robbins	Petersfield Triathlon Club	RB	60-64	00:24:51	19:05:30
42	Paul Rose	Three Counties Triathletes	RB	Sen-39	00:29:58	19:06:00
43	Stephen Summers	Worthing Excelsior CC	RB	55-59	00:25:40	19:06:30
44	Hamish Walker	...a3crg	RB	50-54		19:07:00
45	Benjamin Toovey	Worthing Excelsior CC	RB	55-59	00:26:01	19:07:30
46	Robin Kamiya	Farnborough & Camberley CC	RB	50-54	00:24:59	19:08:00
47	Adam Jones	Woking Cycling Club	RB	45-49	00:23:50	19:08:30
48	Stu Nisbett	Destination Bike RT	RB	50-54		19:09:00
49	Adam Puckett	Fareham Wheelers CC	RB	40-44	00:24:31	19:09:30
50	Steve Coombs	Sussex Revolution Velo Club	RB	40-44		19:10:00
53	Mike Cooper	Chichester Triathlon Club	TT	55-59	00:24:36	19:11:30
54	Jeremy Purnell	Crystal Palace Triathletes	TT	55-59		19:12:00
55	Christopher Redmond	Petersfield Triathlon Club	TT	55-59	00:24:15	19:12:30
56	Stephen Casey	Three Counties Triathletes	TT	50-54	00:26:18	19:13:00
57	Callum Brownlie	Velo Club Venta	TT	Sen-32	00:22:31	19:13:30
58	Darren Nice	Chichester Triathlon Club	TT	50-54		19:14:00
59	Mike Garner	...a3crg	TT	70-74	00:25:49	19:14:30
60	Roger Taylor	Farnham RC	TT	60-64		19:15:00
61	Angus MacInnes	Charlotteville Cycling Club	TT	55-59		19:15:30
62	Matthew Jolin	Petersfield Triathlon Club	TT	Sen-38		19:16:00
63	Simon Harber	Dorking Cycling Club	TT	50-54	00:23:46	19:16:30
64	Tim Peters	Horsham Cycling	TT	50-54	00:23:25	19:17:00
65	John McDonald	trainSharp	TT	55-59	00:23:23	19:17:30
66	Matt Doe	...a3crg	TT	50-54	00:24:01	19:18:00
67	Martin Piper	NAUT Cycling	TT	50-54	00:22:55	19:18:30
68	Marius Kwint	Velo Club Venta	TT	55-59	00:23:20	19:19:00
69	Shaun Smart	Southdown Velo	TT	60-64	00:23:15	19:19:30
70	Paul Martin	NAUT Cycling	TT	50-54	00:22:34	19:20:00
71	Amanda Simpson	Portsmouth Triathletes	TT	F60-64		19:20:30
72	Linda Roberts	Chichester City Riders	TT	F45-49		19:21:00
73	Elizabeth Dunlop	Wight Tri	TT	F65-69		19:21:30
74	Pippa O'Brien	RT PODA	TT	F60-64	00:28:59	19:22:00
75	Alison Purnell	Crystal Palace Triathletes	TT	F60-64		19:22:30
76	Kelly Moorman	Vectis Academy	TT	F45-49		19:23:00
77	Daisy Bew	Chichester Triathlon Club	TT	F Jun-17		19:23:30
78	Denise Stuart	GS Mossa	RB	F50-54	00:26:06	19:24:00
79	Elise Sherwell	Blazing Saddles	RB	F45-49		19:24:30
80	Deborah Smith	Southdown Velo	RB	F45-49	00:25:50	19:25:00
81	Christina Wiejak	Barrow Central Wheelers	RB	FSen-32		19:25:30
82	Ruth Whiddett	...a3crg	RB	F50-54	00:24:50	19:26:00
83	Timothy Boyling	Virtual Cycling Club	TT	45-49		19:26:30
84	Charles St Aubyn	Three Counties Triathletes	TT	45-49		19:27:00
85	Alexander Paul	NAUT Cycling	TT	40-44		19:27:30
86	James Noah	New Forest CC	TT	Sen-33	00:24:01	19:28:00
87	Louie Arnold	Chichester Triathlon Club	RB	Jun-16	00:28:20	19:28:30

88	Olly Thomas	Sussex Revolution Velo Club	RB	Sen-38		19:29:00
89	Larry Wiltshire	Racing Club Ravenna	RB	50-54		19:29:30
90	Graeme Stirzaker	...a3crg	RB	55-59	00:23:37	19:30:00
91	Sam Fox	Racing Club Ravenna	RB	Sen-36		19:30:30
92	Jon Hughes	VC Godalming & Haslemere	RB	50-54	00:23:12	19:31:00
93	Adam Coppard	Racing Club Ravenna	RB	Sen-35	00:23:08	19:31:30
94	George Hunter	Horsham Cycling	RB	Sen-30	00:21:26	19:32:00
95	Derek Dowden	Hampshire Road Club	TT	65-69	00:26:46	19:32:30
96	Rob Vessey	...a3crg	TT	60-64	00:23:22	19:33:00
97	William Sawyer	Velo Club St Raphael	TT	60-64	00:21:47	19:33:30
98	Darren Anderson	Fareham Wheelers CC	TT	50-54	00:22:32	19:34:00
99	Adrian Talley	Velo Club St Raphael	TT	50-54	00:21:40	19:34:30
100	Sarah Storey	Storey Racing	TT	F45-49	00:21:41	19:35:00
101	Billy Williams	Racing Club Ravenna	TT	Esp-19		19:35:30
102	Graham Harman	Sotonia CC	TT	50-54	00:23:05	19:36:00
103	Jonathan Besly	Dorking Cycling Club	TT	40-44	00:20:31	19:36:30
104	Peter Younghusband	Petersfield Triathlon Club	TT	55-59	00:21:27	19:37:00
105	Chris Lord	Brighton Excelsior CC	TT	70-74	00:22:09	19:37:30
106	Neil Mackley	...a3crg	TT	60-64		19:38:00
107	James Smee	Chichester City Riders	TT	45-49	00:22:10	19:38:30
108	Dan Adams	Onyx RT	TT	Sen-34		19:39:00
109	Noah Wheller	Preston Park Youth CC	TT	Jun-16	00:22:01	19:39:30
110	Jonathan Lund	Reading CC	TT	Esp-20		19:40:00
111	Oscar Nisbett	trainSharp	TT	Jun-17		19:40:30
112	Adam Dart	GS Mossa	TT	Sen-23	00:21:20	19:41:00
113	Jason Richardson	Dorking Cycling Club	TT	Sen-29	00:21:27	19:41:30
115	Gianni Shipp	Portsmouth Triathlon Club	TT	40:44	00:22:39	19:42:30
116	Bryce Dyer	Bournemouth Cycleworks	TT	45-49	00:21:08	19:43:00
117	Ben George	New Forest CC	TT	Sen-33	00:21:43	19:43:30
118	Joshua Lahiri	Petersfield Triathlon Club	TT	Sen-30	00:21:29	19:44:00
119	Graeme Hutchison	GS Mossa	TT	Sen-37	00:22:15	19:44:30
120	Andy Langdown	...a3crg	TT	55-59	00:20:27	19:45:00
121	Matthew Gilmour	Primera-Teamjobs	TT	Esp-19	00:20:14	19:45:30
122	Howard Bayley	...a3crg	TT	45-49	00:20:34	19:46:00
123	Alexander Murphy	Velo Club Venta	TT	Jun-17	00:20:02	19:46:30
124	Simon McNamara	Sigma Sports Race Team	TT	45-49	00:20:34	19:47:00

COURSE CONDITIONS & PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number & be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race (5min), bearing in mind you are going off at **30 second intervals**.

The start is approximately halfway along the pit (Number15) lane wall where you will do either a standing or held start. When entering the track please check for other riders, count your laps from the finish point) ignoring the chicane (This is a wall on the track, you must stay to the left of this wall while racing).

Whilst racing we request that you favour the right-hand side of the track & only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys & down the Lavant Straight) where this could be an issue.

We have two marshals on motor bikes driving around the track, looking for lost riders.

At the end of your fourth lap (10 miles it's a good idea to have distance on your device) you will need to finish in the finish area, this is on **the left-hand side of the track & you will have seen the black coned off area** on previous laps. Ride to the left & into this coned area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please cool down, riding tight to the left-hand side of the track respecting the racing line. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the track, **but PLEASE do this on the Lavant Straight before the Woodcote corner so you do not affect any other riders, remembering to look before you change sides.** At the chicane you must stay to the right of the wall & exit the track. (No extra laps please)

There are two Toilet blocks in the Paddock to your left & right when facing the Pit area. The HQ is the Paddock area there is no Village Hut or free mugs of tea.

AT THE END OF THE EVENT (Time Trial)

As you exit the track through the gate proceed to reception to sign-out & return your race number, PLEASE. Don't forget to Sign out.

Turbo warm-ups are allowed but please respect other riders' car parking. There will be access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road, then please use the access tunnel to the right of the sign on area.

Spectators are requested to watch from the viewing area above the Pit Lane (Not in the Pit Lane). Coffee, Tea & Cake may be Purchased from the "HORSEBOX" on site (we have been assured it will be open).

...a3crg Goodwood Circuit Events 2024

**Sunday
11th August
Events from
09:00
Until 17:00**

The RTTC Junior Championship, The Womens Championship The "Open" Championship, The Para Championship & then The National Closed Circuit Championships for Youths (Road Bikes Only), Any Age up to 15-years
Other events include: Heritage Bikes, "One Lap Wonder Sprint Challenge", Tandem GP, 2-Up & 4-Up Team Time Trials, then the 4-Up Team Relay

For the National Championships on Sunday 11th August we can offer from 15:00 on the Saturday (10th August) Free overnight Parking at Car Park 3 for Motorhomes. Please note this is "Basic" conditions as there are no facilities there.

We have endeavoured to include events for all this season, however we were not at all successful with "The No-Hands-Challenge", well that fell flat on its face! Also, apologies to those cyclists who struggle to get into their skinsuits when they misunderstood our announcement to riders at the last event, "to beware of the doughnuts on the track".

Lastly, Enjoy, your evening & thank you for your support this Season.

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